Alexander and Renee Versus Dr. Decay

Workbook Grades K-1



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Name

Note from Alexander and Renee

Dear Girls and Boys,

When you were born, you had no teeth at all! As you grew, you also grew teeth. Some of you may have started to lose your teeth. Don't worry! You will grow more.

Here are some tips to keep your teeth healthy and strong:

- 1. Brush after eating.
- 2. Use a soft toothbrush.
- 3. Visit the dentist.
- 4. Do not eat too many sweets.

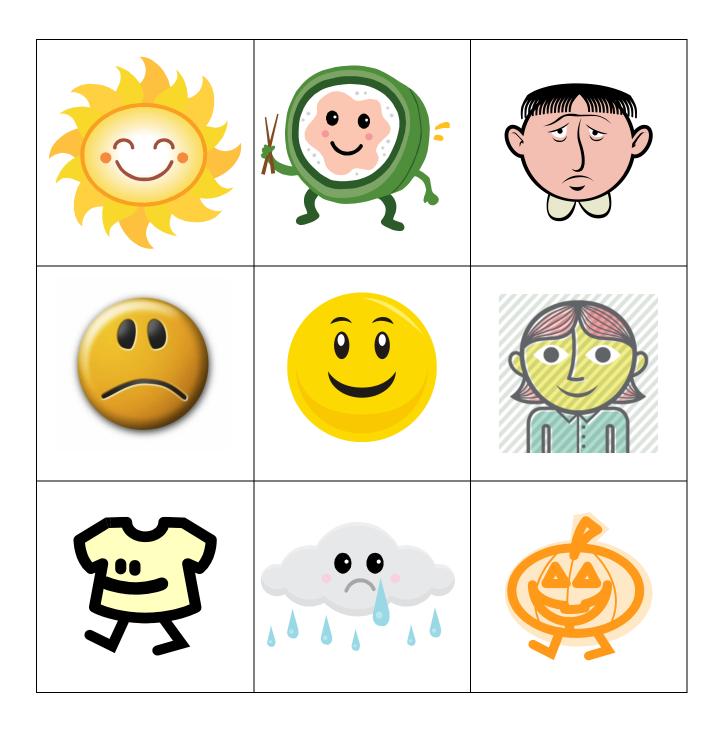
Remember, we need your help to keep Dr. Decay far away from Planet Smile!

Your friends,

Alexander and Renee

Smile Time!

Circle 6 smiles. Put an "X" on the frowns.



My Promise

Draw a picture of what you will do for healthy teeth!

| Write about your drawing | |
|---------------------------|--|
| Write about your drawing. | |
| | |
| | |

What Does the Need? Check YES or NO.

| | | YES | NO |
|---|-------|-----|----|
| 1 | chair | | |
| 2 | tools | | |
| 3 | cat | | |
| 4 | cart | | |

Write On!

Kindergarten – Write beginning letter 1st grade – Write each word

| tooth | |
|-------|--|
| brush | |
| smile | |

Do You Remember?

Think about the story you read.

Read each pair of sentences.

Circle the sentence that is correct.

1. Alexander forgot to brush his teeth.

Renee forgot to brush her teeth.

2. Queen Starbright needed help.

Queen Starbright wanted to sleep.

3. Dr. Decay was nice.

Dr. Decay tried to stop the children.

4. The children ran away.

The children saved Planet Smile.

5. Dad will call the Dentist.

Dad will go to the store.

Shape Up!

What comes next in the pattern?

1. 2. 3. 4. 00

Letter Find

| Grade K: How many B's can you find? | _ |
|-------------------------------------|---|
| How many S's? | |

Grade 1: Find these words in the boxes below.
BRUSH SMILE CLEAN FLOSS

| S | М | Ι | L | Е | F |
|---|---|---|---|---|---|
| В | R | U | S | Н | L |
| R | U | В | S | В | Ο |
| В | S | S | R | Н | S |
| С | L | Е | Α | N | S |