

# No More Bullies Workbook



## Grades 2-3

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Name

# A Note from the Millers

Dear Girls and Boys,

Feeling safe at school or in your neighborhood means spending time with people who care about you!

People who call you names, say things about you that are not true, or hurt you over and over are called "bullies." Bullies can be boys or girls who sometimes pick on someone younger or smaller.

Why do bullies act like this? Sometimes they want to show off or make themselves feel important. Sometimes they are being bullied by someone else. Sometimes they don't even know they are hurting others!

If someone is bullying you, here are things you can do:

- Tell your teacher or parents.
- Try not to get upset in front of the bully.
- Use your sense of humor or ignore the bully
- Hang out with friends who make you laugh and like to have fun!

If you see someone being bullied, be a friend, step in and tell him or her to STOP, or get help.

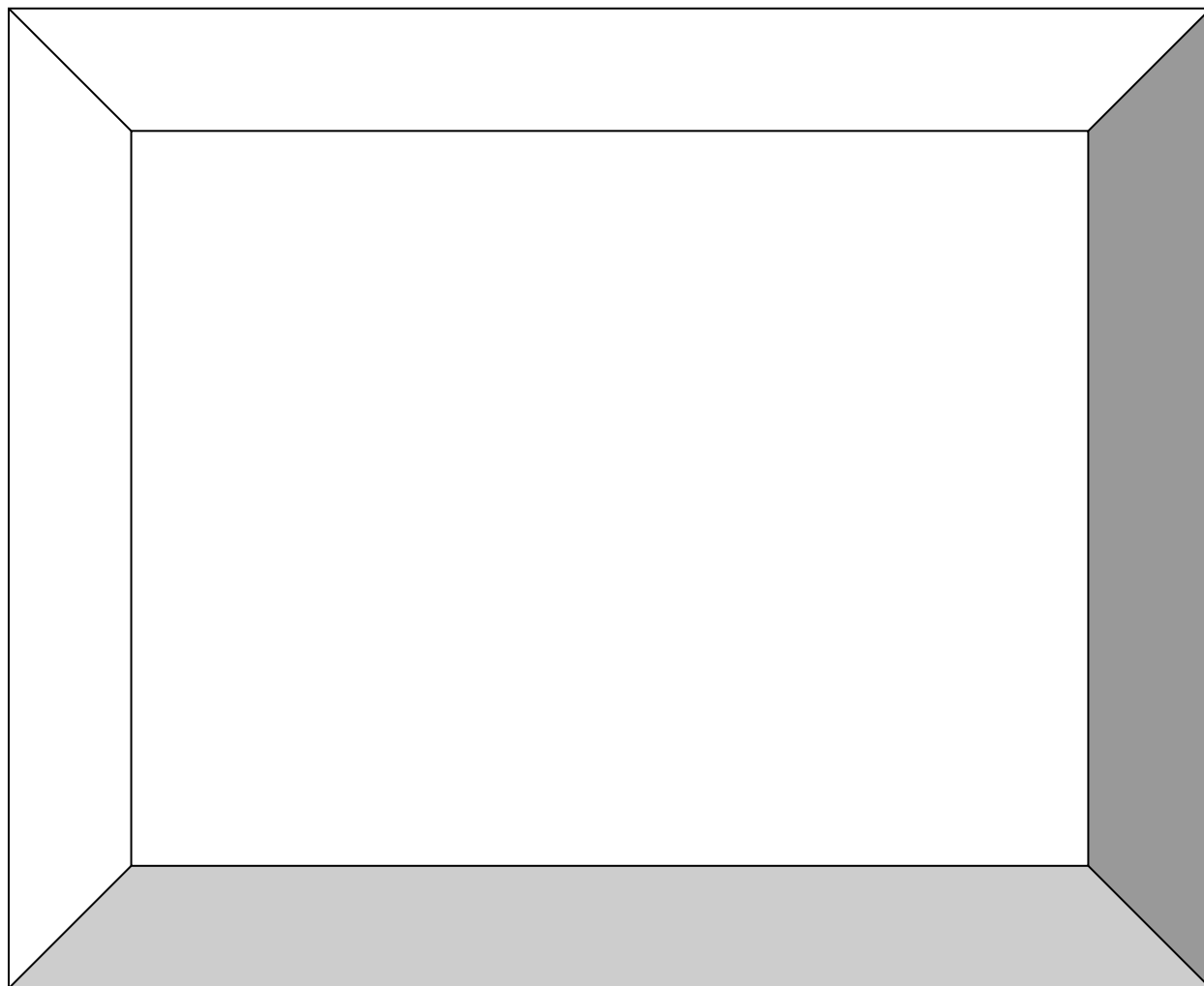
Together we can make our schools and neighborhoods safe places for everyone. We did!

Your friends,

Kelly, Lori and Andrew Miller

# Remembering the Story

Draw something important to remember from the book.  
Write about why it is important.



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# What Would You Do?

The Miller children know what to do about bullies!  
Now it's your turn. Circle the BEST choice.

1. You are on the playground, and a group of children teases someone smaller. What would you do?

- A. I would tell yard duty or my teacher.
- B. I would stop and watch.

2. You are in the lunch room, and someone is tripped and drops his tray. The children laugh. What would you do?

- A. I would laugh.
- B. I would help him pick up his tray.

3. In the classroom, a group of girls is calling someone a mean name. What would you do?

- A. I would tell them to stop or get help.
- B. I would move away.

4. In your neighborhood, a group of bigger kids are making fun of the new boy on the block. What would you do?

- A. I would join the group and make fun of him.
- B. I would be his new friend.

# Think About It!

**Nouns** are words that name a person, place, or thing.  
Use **nouns** in the box to complete the sentences  
about the story.

dinner	schoolbus	football	school	name	
newspaper	class	lunch	grass	book	parents

1. Mr. Miller was sad to read the story in the \_\_\_\_\_.
2. On the \_\_\_\_\_, Kelly sat with Matt.
3. When one of the boys called Matt a mean \_\_\_\_\_, Kelly told Mr. Finley.
4. The teacher spoke to her \_\_\_\_\_ about bullying.
5. Andrew and Dakota invited Michael to eat \_\_\_\_\_ with them.
6. Jay was sitting on the green \_\_\_\_\_ reading his \_\_\_\_\_.
7. Jay ran fast with the \_\_\_\_\_.
8. The motto at \_\_\_\_\_ was "No More Bullies!"
9. The Miller children were excited to tell their \_\_\_\_\_ what happened at school.
10. That night, the Miller family ate \_\_\_\_\_ together.

# Be a Friend

Write a note to your friend that tells what you would do if he or she were being bullied. Share the note with your friend.

Dear \_\_\_\_\_,

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Your friend,

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# Word Wiz!

How many words can you make from the letters in

**NO MORE BULLIES**

1.	6.	11.
2.	7.	12.
3.	8.	13.
4.	9.	14.
5.	10.	15.

## Super Search

Find WORDS from the story. Look left, right, up, down and sideways.

FRIEND  
TELL  
STOP  
BULLY  
BUDDY  
SAFE

E	R	A	H	S	A	K	I
I	D	H	F	S	T	O	P
D	S	E	R	R	E	B	L
N	A	L	O	B	L	O	U
E	F	P	B	U	L	L	Y
I	E	E	B	D	E	N	A
R	K	I	N	D	C	N	L
F	U	N	N	Y	T	Y	P

HELP  
REPORT  
KIND  
SHARE  
PLAY  
FUNNY

# Math Patterns

Andrew can't solve the patterns by himself!  
Can you be a friend and help?

	Pattern	Rule
1.	5, 10, 15, <input type="text"/> , <input type="text"/> , <input type="text"/>	Add 5
2.	45, 42, 39, <input type="text"/> , <input type="text"/> , <input type="text"/>	
3.	1, 8, 15, <input type="text"/> , <input type="text"/> , <input type="text"/>	
4.	7, 10, 13, <input type="text"/> , <input type="text"/> , <input type="text"/>	
5.	34, 30, 27, <input type="text"/> , <input type="text"/> , <input type="text"/>	
6.	2, 4, 6, <input type="text"/> , <input type="text"/> , <input type="text"/>	
7.	29, 24, 1, <input type="text"/> , <input type="text"/> , <input type="text"/>	



# Find It ~ Fix It

There are six spelling mistakes in the note Michael wrote to Andrew to say he was sorry. Circle the mistakes. Spell the words correctly in the boxes.

Dear Andrew,

I am sorry for what I did at skool today. I was wrong to pik on you. I was being a bully. I did this because I wanted some of yer lunch. I was hapy you let me sit with you. I will bring a bigger lunch and hop I can eat with you every day from now on.

Your new friend,  
Michael

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|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |